

Women's Circle

An Experiential and Process Oriented Group

This 12 week women's experiential and process group will explore themes of: femininity, body image, boundaries, needs, healing, spirituality, mindfulness, communication and trauma work, through group work that includes space for individual support and interpersonal dialogue.



Thursday Evenings December 1st – February 23rd • 6:30 – 8:45pm

(skipping the week of the 29th of December)

Golden Gate Integral Counseling Center 507 Polk St., SF, CA 94102

\$20 per session or \$200 for all 12 classes (if paid in advance) * 12 week commitment *



The Teachers...

ERICA RATH graduated with a Masters in Integral Counseling Psychology from CIIS and is an alumni of Golden Gate Integral Counseling Center. With extensive experience in mindfulness, supporting and facilitating groups in diverse, low-income communities, Erica uses her educational background in both sociology and psychology to bring healing and relief to suffering in all its manifestations. She specializes in relational, psychodynamic psychotherapy with a transpersonal grounding.



MOR GAVISH graduated with a Masters in Integral Counseling Psychology from CIIS. She is an MFT intern at Golden Gate Integral Counseling Center. She has over a decade of experience working with diverse women and trauma with extensive training in Somatic Experiencing. Her educational background is in psychology and gender studies.

Contact us : Mor at 415-255-2658 or email Erica at: ericapsychotherapy@gmail.com